

Summer term CARE values.

Every term we focused on 4 of our CARE values across school. I mention these in assemblies and the children and staff try to use these values throughout the term.

Our new CARE values are; **Cooperation, Achievement, Resilience and Empowerment**

KEY DATES JUNE

29th – Shorts and Shades disco

JULY

1st – Y1/2/3/4 Athletics

2nd – Welcome to Y6 meeting

3rd Moving up day

3rd – Welcome to R+Y1 meeting

7th Enterprise Day

7th – Welcome to Y4+Y5 meeting

8th - Summer Run

9th -Welcome to Y2+Y3 meeting

10th - – Class 1 Assembly

15th – Y6 Bowling and silent disco

16th – Leavers Assembly

17th – Break up for Summer

Hello everyone, What a sunshine-filled week it has been in school! Thank you for ensuring your child came to school with cool clothing, water bottles, sun cream and sun hats. This week, our pupils have shown teamwork, curiosity and confidence in everything they've taken on — a brilliant way to move towards the end of term.

Sports Day Highlights: Key Stage 2 kicked off the morning with determination and smiles, and Key Stage 1 brought the same energy in the afternoon. Every pupil took part with a fantastic attitude. They cheered each other on, tackled every race with enthusiasm, and truly lived our summer **CARE values** — **cooperation, achievement, resilience and empowerment**.

A huge thank-you to all families who came to support and cheer their children. It was wonderful to see our community together, celebrating and enjoying sport.

Summer Disco Reminder: Next week is our **Shorts and Shades Summer Disco**. Pupils will be dancing, laughing and celebrating the end of term with friends. A **tuck shop** will be available at both the KS1 and KS2 discos — a little treat to make the evening extra fun.

Enterprise Day Coming Soon: Year 6 are busy preparing for their upcoming **Enterprise Day**. They will design, plan and run their own pop-up businesses, while the rest of the school takes part in a hands-on, real-life maths experience. On this day, children will be immersed in all things mathematical and practical. They will explore money handling, weight, capacity, distance and time — so now is the perfect moment to start collecting spare coins for the big day.

The Big Debate: Three of our Year 5 pupils represented Westlea at the **Durham City Council Chambers** for the annual **Big Debate**. Only twelve schools from across County Durham were selected, and our pupils shone. They listened carefully, took notes, and responded with thoughtful counter-arguments and supportive viewpoints across eight debate themes. They were also part of a historic moment — the final debate to take place in the building before its demolition. A powerful experience that left them feeling confident and empowered.

Civic Pride Workshops: Our youngest learners — Nursery, Reception, Class 2 and Class 3 — took part in **Civic Pride** workshops this week. They explored how littering and recycling affect our school and local environment. Workshop leaders were incredibly impressed with their behaviour, curiosity and kindness. A wonderful start to becoming community-minded citizens.

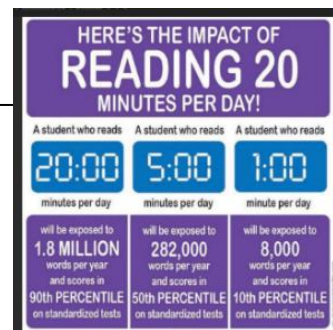
Safety Walks in Class 3:

Class 3 have been investigating how we stay safe in school. During their **Safety Walk**, they identified:

- Fire exits
- CCTV
- Security doors
- Staff lanyards
- First aiders
- NSPCC information
- School and yard rules

Their reflections showed real maturity and awareness of how everyone contributes to keeping our school safe.

Mrs Scothern



THIS WEEK'S ATTENDANCE



	WE 26/06/26
Class 1	98.2%
Class 2	91.4%
Class 3	97.1%
Class 4	93.8%
Class 5	90.2%
Class 6	93.1%
Class 7	96.8%
Class 8/9	97.4%

Attendance Update

We will continue to use our Attendopoly board with the classes to encourage great class attendance. Your child's class rolls the dice if they collectively have an attendance over 96% (which is our school target).

The pupils really enjoy participating with the game and finding out what space they will land on and what extra treat that might be for the class!

This week 4 classes reached 96% or above.

Keep up the great work!

Our whole school attendance for WE 26/06/26 is 95.2%

Our attendance for the year to date is 95.3%

Our target for this half term is **96%** we are currently at 94.8%



SAFE GUARDING AND ATTENDANCE TEAM:

Mrs Scothern is our Designated Safe Guarding Lead with Mrs Davey and Mrs Simmons as Deputy Designated Safeguarding Leads. Please get in touch with any queries or concerns.

ATTENDOPOLY OUTCOMES THIS WEEK

Classes who rolled the dice this week won;
 Class 1 – Mindfulness session
 Class 3 – Board games
 Class 7 – Fruit platter
 Year 6 – Board games

THIS WEEK'S AWARDS



Head Teacher's Award

Chris, Aria and Carson Y5: For their impeccable behaviour, maturity and endeavour in taking an active part in the Big Debate. Displaying confidence, oracy and debating on a wide variety of topics linked to the lives of young people.

INDIVIDUAL CLASS STAR OF THE WEEK AWARDS

	WE 26/06/26
Class 1	Arthur
Class 2	Tyson
Class 3	Charlotte
Class 4	Sidney
Class 5	Ollie
Class 6	Troy
Class 7	Hugo
Year 6	Eden

RIGHTS RESPECTING AWARDS

	WE 26/06/26
Class 1	Skye
Class 2	Riah-Daisy
Class 3	Lara
Class 4	Holly K
Class 5	Alex
Class 6	Winter
Class 7	Elijah
Year 6	Lilly C

Next Week's Right of the week- Article 12 – You have the right to information.

Character values: CARE

Autumn Term	Spring Term	Summer Term
Community	Compassion	Cooperation
Ambition	Actions	Achievement
Respect	Responsibility	Resilience
Enjoyment	Endeavour	Empowerment

Pupil discussions:

Mrs Scothern spoke Y5 and Y6 girls and then boys on their experience of being **safe in school, online and in the community**. These pupils responded in a very mature way to the topics we discussed.

As part of Key Stage two assembly this week, the whole key stage reviewed safe guarding across all aspects of school. We created 6 display posters that are visible in the main hall.



CONVENTION ON THE RIGHTS OF THE CHILD

Head teachers awards: Our CARE values this term are... Cooperation, Achievement, Resilience and Empowerment

These are given to pupils in school who have shone outside of the classroom. It maybe they have shown excellent manners and held a door for a visitor or a friend or have shown our WESTLEA CARE values in some way. Perhaps they have cooperated with each other to play a game or complete a group activity or shown resilience to keep going when a task or a learning activity has been a challenge. Visitors and other members of staff can nominate these students so it is very special if you are recognised for your efforts or for just being you!

In other news...

Reader, Writer and Mathematician of the week



Reader of the week:

Class 1 – Paisley
Class2 - Elliot
Class3 – Mitch
Class4 - Noah
Class5 – Myla
Class6 - Autumn
Class7 - Jacob
Year6 – Malaya

Writer of the week:

Class 1 – Ollie F
Class2 – Ava
Class3 - Koen
Class4 - Hallie
Class5 - Frankie
Class6 - Poppy
Class7 – Ivery
Year6 – Averlyn

Mathematician of the week:

Class 1 - Malachi
Class2 - Arlo
Class3 – Laynee
Class4 - Violet
Class5 - Dakota
Class6 - Olivia
Class7 - Oscar
Year6 – Darcie

Well done to these students.
They will all be entered into the
end of term draw.

Keep up your great learning
attitude.

A CAREER AS A SPEECH AND LANGUAGE THERAPIST

QUALIFICATIONS

- GCSEs (or equivalent)
- University degree

PATHWAYS

- University degree
- Apprenticeship
- Work experience

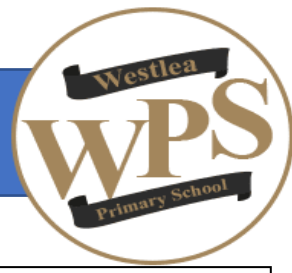
ROLES

- Helping people to speak
- Assisting with pronunciation
- Supporting communication
- Writing reports

WAGE

- Starter: £25,000
- Experienced: £45,000

Summer Term CARE values



Character values: CARE		
Autumn Term	Spring Term	Summer Term
Community	Compassion	Cooperation
Ambition	Actions	Achievement
Respect	Responsibility	Resilience
Enjoyment	Endeavour	Empowerment

Every term we focus on four of our school **CARE values**. These values have been carefully selected to reflect, nurture, inspire and equip our pupils towards having a **strong personal character**. They are linked to **personal characteristics** and **British values** and will provide them with solid foundations to move onto the next steps of their learning and life's challenges.

The Summer term **CARE values** typically mean and how we help shape behaviour, character and the culture of our school community.

Cooperation

What it means: Working together and helping each other. It's about combining effort, sharing responsibilities and helping one another out.

At Westlea it looks like;

- Teamwork: Joining in with others to get something done.
- Mutual support: It means listening, sharing ideas, taking turns, and being kind even when you don't agree.
- Cooperating; Everyone feels included and the job gets done faster and better.

Achievement

What it means: Doing your best and being proud of what you accomplish.

At Westlea it looks like;

Achievement isn't just about getting everything right.

- Trying hard.
- Learning new things.
- Noticing how much you've improved.
- Every time you learn a new skill, finish a task, or reach a goal, that's an achievement.

Resilience

What it means: Keeping going, even when something is hard. Resilience is your inner strength.

At Westlea it looks like;

- It's what helps you bounce back when things don't go your way.
- Being resilient means you don't give up straight away—you try again.
- Ask for help, and believe you can get better with practice.

Empowerment

What it means: Feeling confident, capable, and ready to make good choices.

At Westlea it looks like;

- You believe in yourself.
- Know that your voice matters.
- Having the courage to share your ideas, make decisions, and take responsibility for your actions.
- When you feel empowered, you know you can make a positive difference.

Why These Values Matter at Westlea Primary School

Together, these CARE values help build a **positive school culture** where children learn not just academically but also socially and morally. Westlea Primary use such values to:

- Support **behaviour expectations** and shape how pupils treat one another.
- Promote **character development**, preparing students for life beyond school.
- Create a sense of **community and shared purpose** among pupils.

In other news...

Quality of Education



Every month we will be sharing information about recognised artists, musicians, and scientists through our newsletter and also during lessons and assemblies. This is one of many strategies used to enrich the curriculum and broaden student horizons, building cultural capital and representation.



Look

What colours stand out to you?

What shape do you see repeated in

this painting? Can you count the

number of times it appears?

Does it look like anything to you?

Imagine you could step inside the

painting. What would it feel like?

Alma Thomas loved to explore colour—which she did as an artist and art teacher, teaching in Washington, DC, USA public schools for over thirty-five years. Many of her paintings include only one colour or a few colours. Her paintings show her love of nature and music.

Alma Thomas
(1891 –1978)



Abstract Art

Artist of the Month

June

Sir Isaac Newton
(1643-1727)

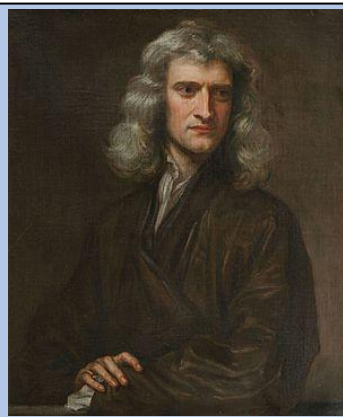
Newton's Amazing Discoveries

Newton used [mathematics](#) to explain how the [universe](#) works. He created laws of motion and gravity. These laws are like math rules that explain how objects move when a force pushes or pulls them.

In 1687, Isaac published his most famous book, *Principia*. In this book, he explained three basic [laws of motion](#). He also shared his idea, or theory, about [gravity](#). Gravity is the force that makes things fall down. For example, if a [pencil](#) falls off a desk, it lands on the floor, not the ceiling.

Newton also used his laws to show that [planets](#) orbit the [sun](#) in oval shapes, not perfect circles. He also discovered [diffraction](#), which is how light spreads out. This led him to make big discoveries in physics.

Isaac Newton was a brilliant scientist and inventor. He made huge contributions to physics, mathematics, and optics.



Scientist of the Month



June

June

Musician of the Month

Oasis

Rock band

Oasis is an English rock band formed in Manchester in 1991. The band is known for its catchy songs and energetic performances. They gained many fans around the world with hits like "Wonderwall" and "Champagne Supernova." The band had two main brothers, Noel and Liam Gallagher, who wrote most of their songs. Oasis helped shape the 1990s music scene so much that many people still listen to their music today!



In other news...

Attendopoly prizes



Congratulations to classes 1, 3, 5, 6, and Year 6 They collectively achieved our target attendance figure of 96% or above for a week's attendance. They then rolled the dice and landed on some exciting enrichment activities.

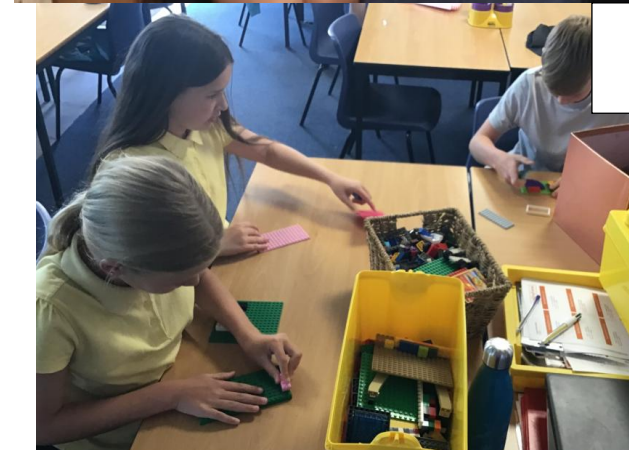
Class 3 – Mindfulness Session

Class 6 – fruit platter

Class 5 – Ice pops

Year 6 – STEM: Lego and Construction

Class 1 – Extra PE



In other news...

Y6 residential



Newby Wiske 2026

A residential experience is a key milestone in any child's journey, and our Year 6 pupils enjoyed challenging themselves to new activities whilst staying away from home.

Compassion
Actions
Responsibility
Endeavour



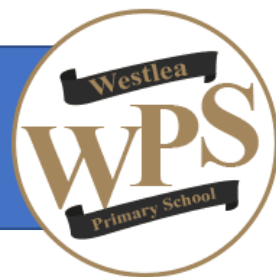
Cooperation
Achievement
Resilience
Empowerment



Community
Ambition
Respect
Enjoyment

In other news...

Sports Day

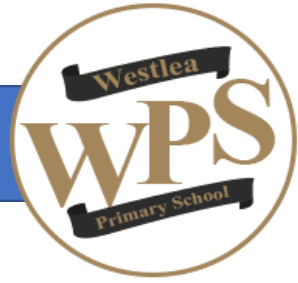


On Monday, we held our Sports day for KS1 and KS2. Well done to pupils. They cheered their friends on and took part in lots of different races and activities. Thank you once again for all of your support.



In other news...

The Big Debate

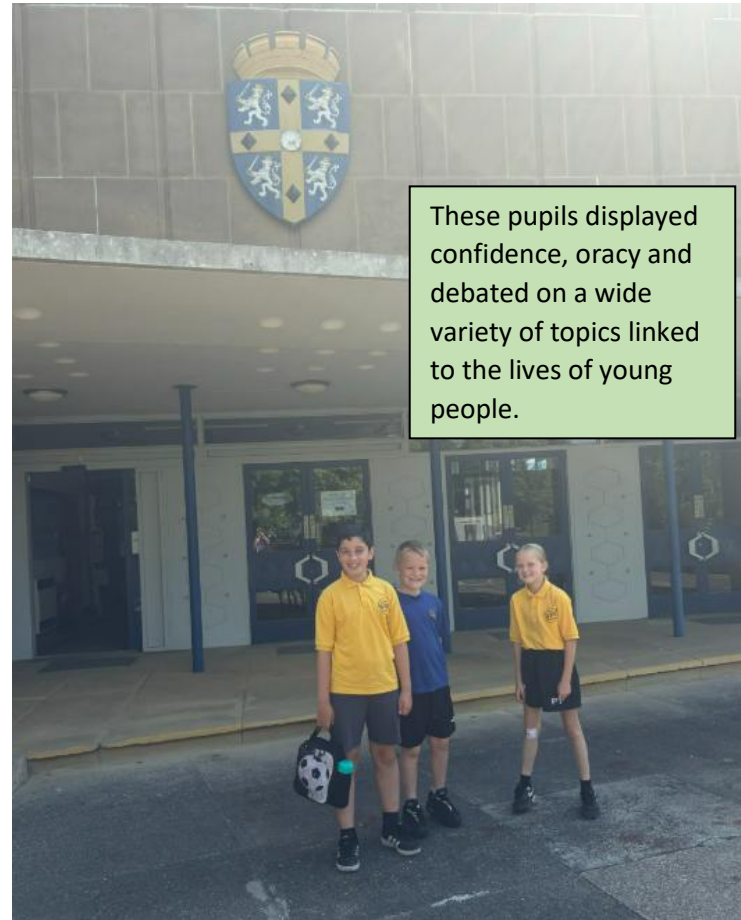


On Wednesday, three pupils from Year 5 attended The Big Debate at County Hall.

The pupils took part in eight different debates, taking notes, having counter arguments and additional responses to the debate. They handled the new experience magnificently.

Summer CARE values
Cooperation
Achievement
Resilience
Empowerment

This is the second year we have taken pupils to this event but the final one being held at County Hall. In fact, the pupils were involvement in a historic moment as being involved in the final event held in the council chambers.



These pupils displayed confidence, oracy and debated on a wide variety of topics linked to the lives of young people.



PETERLEE SOAK'D

COLOUR • SUPER SOAKERS • FANCY DRESS • FAMILY FUN RUN

CHOOSE YOUR DISTANCE
2.5K OR 5K

FANCY DRESS HIGHLY ENCOURAGED!

WIN GIFT VOUCHERS FOR BEST FANCY DRESS!

SATURDAY 25TH JULY 2026

WARM UP 10.15AM | RUN STARTS 10.30AM

The Pavilion, Helford Road, Peterlee, SR8 1ER ☎ **0191 5869957**

The Pavilion Cafe will be open for refreshments.

15% DISCOUNT for entrants with number bib.

WIN GIFT VOUCHERS FOR BEST FANCY DRESS!

CERTIFICATE FOR EVERY CHILD ENTRANT.

Sign in from 9am and closes at 10am.

Under 12's must be accompanied by a responsible adult.

Limited parking available.

FREE ENTRY LIMITED SPACES

BOOKING WILL BE OPENING SHORTLY... KEEP YOUR EYES PEELED!

TAG YOUR CREW • GET YOUR COSTUME SORTED • LET'S GET SOAK'D!

ORGANISED BY PETERLEE TOWN COUNCIL • SUPPORTED BY EAST DURHAM RUNNING CLUB

🌈 PETERLEE SOAK'D IS COMING... 🌈
Not your average fun run.
Not your average fancy dress.

This summer, we're turning Peterlee into a riot of colour, costumes and complete chaos!

- 🦖 Think inflatable dinosaurs.
- 🦸 Think superheroes.
- 🍌 Think giant bananas.
- 🦄 Think unicorns.
- 🤠 Think cowboys.
- 👸 Think princesses.
- 😂 Think the most ridiculous outfit you can find!

The mission? Get SOAK'D. Get covered in colour. Have fun.

💧 Super Soaker Zones

🌈 Colour Stations

🏆 2.5K or 5K

🏆 WIN GIFT VOUCHERS FOR BEST FANCY DRESS

🆓 FREE ENTRY

📅 Saturday 25th July 2026

📍 The Pavilion, Helford Road, Peterlee, SR8 1ER

Gather your crew.

Pick your theme.

Plan your costume.

Cause some colourful chaos.

🔥 Booking opens soon!

IN YOUR FACE THEATRE SEAHAM PRESENTS

The Wizard of OZ

A Pantomime written by Reece Sibbald

SEAHAM TOWN HALL

15TH - 20TH DECEMBER 2026

TUESDAY - FRIDAY 7PM

SATURDAY 12:30PM & 5PM

SUNDAY 11:30AM (ONE PERFORMANCE) 12:30PM

TICKETS £10

WWW.TICKETSOURCE.CO.UK/IYETS

NODA

IN YOUR
FACE
THEATRE



CAST LIST

IN ORDER OF APPEARANCE

WICKED WITCH	-	NATHAN JOHNSON
GLINDA THE GOOD	-	LEXI NEASHAM
MAYOR OF MUNCHKINLAND	-	HOLLIE WILSON
CORONER OF MUNCHKINLAND	-	HELEN BREWIS
DOROTHY GALE	-	AMELIA-GRACE BARTON
THE SCARECROW	-	PETER BAKER
THE TIN MAN	-	JAKE MARSHALL
THE COWARDLY LION	-	DANIEL RICHES
THE WIZARD / GATEKEEPER	-	NORMA ORD

IN YOUR
FACE
THEATRE



ARMED FORCES DAY

**SEAHAM ARMED FORCES DAY –
Saturday, 27th June
Seaham Town Park**

12 noon Parade

12:30pm Pittington Brass Band

1pm Houghton Pipe Band

2pm Soldier Mac

3pm Juke Box Boy

4pm Taxi

5pm Seaham Music Academy

**All donations received on the
day will be given to The Sea,
Air and Army Cadet groups in
Seaham.**



ALL SAINTS CHURCH, DENESIDE

SUMMER FAIR

SATURDAY

27TH JUNE

At 10 a.m.

Refreshments, cake stall, tombola, book
shop, raffles

And our famous bacon sandwiches

ALL WELCOME



SEAHAM LIFEBOAT DAY 2026

SUNDAY 28TH JUNE



JOIN US FOR A FANTASTIC FAMILY DAY OUT!

HOSTED BY THE EAST DURHAM HERITAGE & LIFEBOAT CENTRE
AT SEAHAM HARBOUR MARINA



DATE: SUNDAY
28TH JUNE 2026



LOCATION:
SEAHAM HARBOUR MARINA



TIME:
10AM - 5PM

• LIFEBOAT DEMONSTRATIONS • MARITIME HERITAGE EXHIBITS
• FAMILY ACTIVITIES • LIVE MUSIC

What Parents & Educators Need to Know about MENTAL HEALTH & WELLBEING APPS

WHAT ARE THE RISKS?

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?

Advice for Parents & Educators

CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resource? Also check whether the app is affiliated with any government or mental health organisations, as these are solid indicators of legitimacy. Reviews can also be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

SEEK PROFESSIONAL SUPPORT

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored medical help. If you have real concerns about a child's mental wellbeing, you should seek appropriate advice from a suitable source, such as their GP – or Childline, who can be contacted by calling 0800 1111.

READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do so by yourself first, then go over it with the child who is considering using the app, to ensure they know what data will be collected and how exactly it will be used. Use all of this information to make an educated decision on whether or not to download that particular app.

ENCOURAGE OPEN COMMUNICATION

Mental health and wellbeing apps can be useful for writing down feelings, tracking your own health and other such activities. These can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUp
Wednesday

The
National
College