



Autumn term CARE values:

Every term we focused on 4 of our CARE values across school. I mention these in assemblies and the children and staff try to use these values throughout the term.

Our new CARE values are;

COMMUNITY, AMBITION, RESPECT AND ENJOYMENT

KEY DATES

8th October – Harvest Festival KS2 – am or pm show

9th October – Harvest Festival KS1

Week of 20th October – healthy week

20th October – Wellbeing Day

22nd October – Young leaders training

24th October – School nursing team workshops

HALF TERM – break up 24th October return 3rd November

3rd November – Glow in the dark disco

Week of 24th November – Book fair

Week of 24th November – parents meetings

3rd December – Festive Run AM

8th December – Christmas Fair

10th December – EYFS Christmas Show

11th December – Upper KS2 Christmas Show 2PM

12th December – Lower KS2 Christmas Show 9AM

12th December – KS1 Christmas Show 2PM

15th December – Upper KS2 Christmas Party

16th December – Lower KS2 Christmas Party

17th December – EYFS Christmas Party

18th December – Christmas Dinner and Jumpers

19th December – PJs and singalong



Can you believe we are already 4 weeks in to a new academic year?!

The children have continued to impress me this week with the way in which they are showing great learning traits. It has been particularly pleasing to see such determination and perseverance with handwriting as many children aim to improve their letter formation, letter shape and size or earn their pen licence or continue to develop a smooth, fluent join style of writing.

We hope you enjoy our newsletter this week – please read on to find out more about what has been happening across school.

Assemblies:

During assemblies this week, Mrs Robson, our PSCHE lead, shared the NSPCC assemblies to Key Stage One and then Key Stage Two. In these assemblies Mrs Robson spoke about what to do if they found themselves needing help. The children spoke about who their 'trusted adults' would be.

We then welcomed into school NSPCC workers who carried out workshops with Year 2, Year 5 and Year 6.

Football:

On Thursday, pupils from Y1/Y2 and Y3/4 represented the school at a district school football tournament at Goals.

European day of language:

Friday, we celebrated European day of language with staff and pupils discovering more about countries in Europe. The pupils have really enjoyed finding out about different parts of the world. The thirst for knowledge and enthusiasm to learn new things was delightful to see across school and it was a VERY colourful assembly on Friday!

Governors:

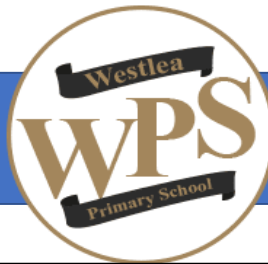
Monday evening, our school governing body held our first series of committee meetings. In these meetings, governors completed their safe guarding training. They also reviewed school data from the last academic year and we discussed future events and meetings for the year ahead.

Tesco token scheme:

Help WESTLEA win!! See inside for further details.

Special menu for school census day – out of this world 2nd October all welcome to stay for lunch

THIS WEEK'S ATTENDANCE



This week we have sent out our attendance leaflet to all pupils, parents and carers. We hope you find this helpful.

	WE 26.09.25
Class 1	96.6%
Class 2	90.8%
Class 3	99.2%
Class 4	100.0%
Class 5	95.6%
Class 6	97.6%
Class 7	92.9%
Class 8/9	97.9%

Attendance Update

We will continue to use our Attendopoly board with the classes to encourage great class attendance. Your child's class rolls the dice if they collectively have an attendance over 96% (which is our school target).

This week classes reached 96% or above.

Keep up the great work!

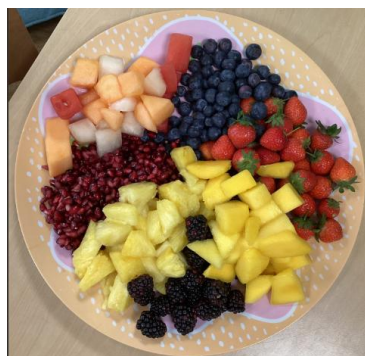
Our whole school attendance for WE 26.09.25 is **96.6%**

Our attendance for the year to date is 95.9%

Our target for this half term is **96%** we are currently at 95.9%



Class 1 Fruit platter attendance reward



SAFE GUARDING AND ATTENDANCE TEAM:

Mrs Scothern is our Designated Safe Guarding Lead with Mrs Davey and Mrs Simmons as Deputy Designated Safeguarding Leads. Please get in touch with any queries or concerns.

ATTENDOPOLY OUTCOMES THIS WEEK

Classes who rolled the dice this week won;

Class 1 – Extra PE

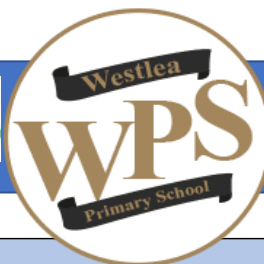
Class 6 – Free Cookie Club

Class 3 – Ninja Track

Year 6 – Cookery

Class 4 – Free Cookie Club

THIS WEEK'S AWARDS



Head Teacher's Award

Year 6 for volunteering to make a positive contribution to our school community. These students displayed qualities such as team work, problems solving, determination and working together to achieve a shared goal which was to sweep up and clear spaces across our school grounds.
Thank you and **YOU ALL** have made a huge difference to our school.

INDIVIDUAL CLASS STAR OF THE WEEK AWARDS

	WE 26.09.25
Class 1	Eleanor
Class 2	Arlo
Class 3	Mitch
Class 4	Sidney
Class 5	Alex
Class 6	Emily
Class 7	Myles
Class 8 and 9	Penelope and Theo

RIGHTS RESPECTING AWARDS

	WE 26.09.25
Class 1	Ollie F
Class 2	Ava
Class 3	Ria
Class 4	Noah
Class 5	Alice
Class 6	Joah
Class 7	Carson
Class 8 and 9	Zuzanna and Oakley

Next week's Right of the week- Article 28 You have the right to learn and go to school

Character values: CARE

Autumn Term	Spring Term	Summer Term
Community	Compassion	Cooperation
Ambition	Actions	Achievement
Respect	Responsibility	Resilience
Enjoyment	Endeavor	Empowerment



Pupil discussions:

At this week's pupil discussion, we talked about what it means to be part of our school community. How do we make the school community work together as a team and what makes our school special?



Head teachers awards: Our CARE values this term are...Community, Ambition, Respect and Enjoyment

These are given to pupils in school who have shone outside of the classroom. It maybe they have shown excellent manners and held a door for a visitor or a friend or have shown our WESTLEA CARE values in some way. Perhaps they have cooperated with each other to play a game or complete a group activity or shown resilience to keep going when a task or a learning activity has been a challenge. Visitors and other members of staff can nominate these students so it is very special if you are recognised for your efforts or for just being you!

In other news...

European day of languages



Class 9 with their Netherlands flag



We were all excited to celebrate **European Day of Languages** on Friday. Many thanks for supporting the school in helping to celebrate with finding colours to match different European flags. The 2025, theme, “**Languages open hearts and minds**,” highlights the power of languages to connect us, inspire new ideas and broaden horizons.

It's the perfect opportunity to celebrate the range and diversity of languages spoken throughout Europe while celebrating the languages spoken in our school. Learning a language not only allows us to talk with people from other countries in their own language, it's also an introduction to different cultures, different ideas and opens up a world of opportunities.

Every class explored different European countries. They learn their language, found out facts about these countries and sampled some tasty cuisine from these countries.

10 BASIC DANISH PHRASES that you need to know



Class 7 celebrated all things Danish. Don't they look great in red and white!





10 BASIC POLISH PHRASES
that you need to know

Hello! Cześć!	My name is... Mam na imię...	Please Proszę	Yes/No Tak/Nie
Where is...? Gdzie jest...?	How much does this cost? Ile to kosztuje?	Excuse me Przepraszam	
Thank you! Dziękuję!	I don't understand Nie rozumiem	Goodbye! Do widzenia!	

CLASSES 40



Can you find your
chosen European
Country?



Ciao from **Class 5**
Class 5 – Our Westlea
pizzaiolos





Class 4 said 'Sault!' to hot chocolate and pain au chocolate. They enjoyed their day learning about France.

MADAMEDOVE madamedove.com		BEGINNERS 12 PHRASES IN FRENCH	
Bonjour! Hello!		Bon matin! Good morning!	
Au revoir! Goodbye!		Excusez-moi. Excuse me.	
Comment ça va? How are you?		Merci. Thank you.	
Je t'aime I love you.		S'il vous (te) plait. Please.	
Je suis désolé(e). I'm sorry.		Enchanté Nice to meet you.	
Bien, merci. Fine, thank you.		Merci beaucoup. Thank you very much.	



10 BASIC PORTUGUESE PHRASES that you need to know



Bon Dia! From **Class 1**. They chose Portugal as their European country.



10 BASIC ITALIAN PHRASES that you need to know

- Hello! **Ciao!**
- My name is... **Mi chiamo**
- Excuse me **Mi scusi.**
- How much? **Quanto costa?**
- Yes/No **Sì/No**
- I don't understand **Non capisco**
- Thank you! **Grazie!**
- Please **Per favore**
- Where? **Dove?**
- Goodbye! **Ciao!**

CLASSES **Az**

Ciao from **Class 5**



Class 2 say 'Queso!'
Spanish for cheese!

¡Hola! Hello!	¡Adiós! Goodbye!	¡Buenos días! Good morning!	¡Buenas tardes! Good afternoon!
¿Qué tal? How are you?	Spanish phrases for beginners 		¡Buenas noches! Goodnight!
Mucho gusto Nice to meet you			¡Gracias! Thank you!
Con permiso Excuse me	Lo siento I'm sorry	Por favor Please	De nada You're welcome



10 BASIC DANISH PHRASES that you need to know



Class 8 enjoyed some Danish cheeses and stroop waffles, whilst finding our geographical facts about Denmark.



Did you know?

In Switzerland one side of the country speak French and the other side of the country speak German!

Pupils in our **Nursery** found out about the map and flag of Switzerland and tasted some Swiss chocolate.



Class 3 enjoyed some German biscuits and learning to count in German.



German Numbers from 1 to 10		
1	eins	6 sechs
2	zwei	7 sieben
3	drei	8 acht
4	vier	9 neun
5	fünf	10 zehn

CARE VALUES AUTUMN TERM: COMMUNITY, AMBITION, RESPECT, ENJOYMENT

Pupil voice groups 2025-2026



Eco Group Exciting News Update!!



We are delighted to let you know that Westlea Primary School have been selected for the Tesco Stronger Starts customer vote. You will be able to collect blue tokens in store and vote for us from the first week in October 2025 until mid-January 2026.

The project title is: Westlea Primary School – **Westlea Woods Waterproofs.**

Buying waterproof clothing so that all children at Westlea Primary School can have access to the outdoor learning that is vital for their health and wellbeing whatever the weather.

The following stores are taking part in our project: **TESCO**

Seaham Stockton Road Express SR7 0HJ Houghton Le Spring Superstore DH4 4AU Hetton Le Hole Express DH5 9PF Durham Langley Moor Superstore DH7 8JG Sacriston Express DH7 6JT

To check the location of any of the above stores, please go to the Tesco website here: <http://www.tesco.com/store-locator/uk> To vote, you will need to make a purchase of any value within store. You will receive one token per transaction. It is not necessary to purchase a carrier bag to receive a token.

Please help us collect as many tokens as possible. Feel free to share this information with your family and friends and encourage them to support us.

King regards

Mrs James & Westlea Eco Group

In other news...

PSHE teaching and learning



Pink raindrop goes to school – Class 1 met our raindrops and watched the story of Pink's first visit to his new school. They talked about how they felt before they came to Westlea Primary, what emotions they had, what questions and also reflected on how they feel now they have visited and settled in. The raindrops are part of our 1decision package we use in school to help teach the pupils about PSHE curriculum. Our aim is to nurture children's personal development from early years, giving them the skills, knowledge, and confidence, they need to lead healthy, happy lives.



Find out more about 1decision and PSHE and RSHE Curriculum. [Primary Resources for The PSHE & RSHE Curriculum](#)

In other news...

Special menu day!



Thursday 2nd October and also Thursday 9th October Chartwells have a special menu. All pupils are welcome to stay even if usually having a packed lunch!

Out of this World

Thursday 2nd October

MAINS

'Crispy Crater' Chicken Burger
(Southern Fried Chicken Goujon Burger)
or 'Crispy Crater' Veggie Burger (V)
(Veggie Finger Burger)

SIDES

'Moon Rock' Potatoes
'Rocket Fuel' Baked Beans
'Pluto' Peas

DESSERTS

'Shooting Star' Shortbread with
Chocolate 'Space Dust'

*Menus may be subject to change

On special menu days all pupils can stay for lunch – even if you usually have packed lunch from home.

Commented [DS[WPS]1]:

Thursday 9th October

HARVEST Festival

MENU

Mains
Chicken Burger
Veggie Burger (V)

Sides
Chipped Potatoes
Sweetcorn
Coleslaw

Dessert
Chocolate Brownie

Fresh Bread, Salad Bar, Fruit
and Yoghurt also Available

In other news...

Football, football, football!



Goals galore!

On Thursday teams from across the school went to goals in Sunderland to take part in a football tournament.

Year1 and 2 Team Report: Mrs Slee

Going for Goals!

We had sunshine and smiles as we faced 3 tough matches – winning the first 2 and losing our last match.

Year3 and 4 Team Report: Mr Unsworth

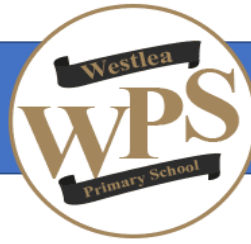
The team has a great attitude and performed well as a team. We are all very proud of every player.



After school on Thursday our school team played in the Harry Page Cup at Ribbon Academy – the team made it through to the finals! Well done everyone.

In other news...

Hall displays!



Pupils were surprised on Monday at a transformation in the hall. Over the weekend, 2 large displays were installed.

The first was our Westlea Care values that shape our ethos at school. A great reminder for every one of the positive messages and values we focus upon.

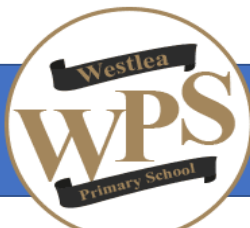


The second display installation is a history time line. Mrs James, our history lead, as well as last years' school council, worked closely with designers to create a bespoke timeline for our school. The contents of which match up with our history curriculum. This will further embed and develop the pupil's knowledge and concept of time. The timeline covers World, British and Local history.



In other news...

Digital guidance



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screen time. This guide will help you to develop an age-appropriate family agreement to suit your household.

1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.

2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.

3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, said or received, they should tell you immediately so you can help them resolve the problem.

4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.

5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family; discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.

6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.

7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.

8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.

9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important: to balance their screen time, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.

10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at iCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices

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